

LEGACY WOMAN

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A LEGACY ON RECORD

DR. JOY S. PEDERSEN:

REMEMBERING WHO WE WERE MEANT TO BE

By **She Rises Studios Editorial Team**

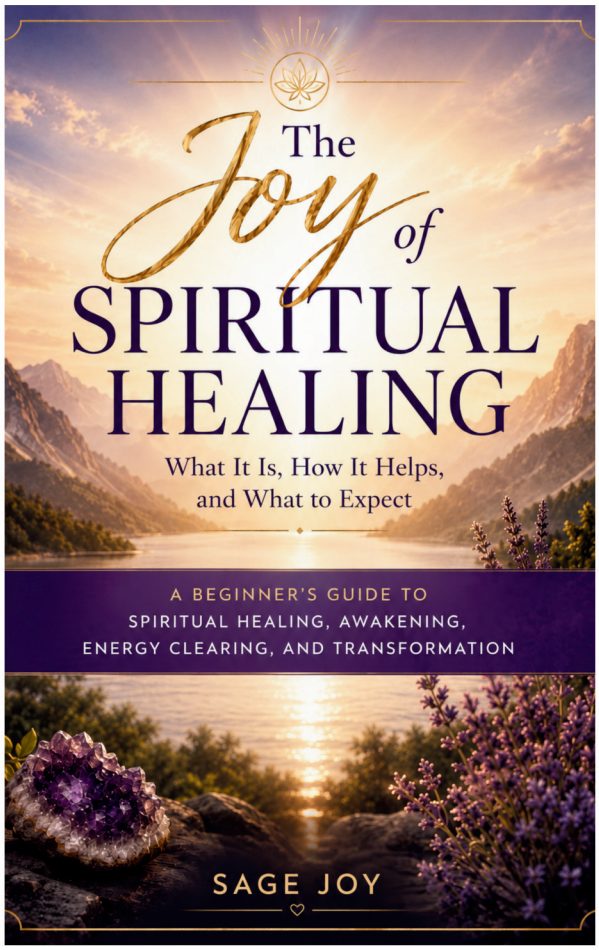


Some people spend years searching for their purpose. For Dr. Joy S. Pedersen, the awareness came much earlier.

As a young girl, she carried a feeling she could not quite explain. She knew she was here for what she understood as the end of the world as she knew it. She did not know what that meant, what her role would be, or where the feeling would eventually lead her. She simply knew it was there.

It would take decades before the pieces began to make sense. Her journey would move through law, television publicity, and Hollywood before eventually leading her into spiritual healing, writing, and channeling. On paper, those chapters might seem to belong to completely different lives. Looking back, Dr. Joy sees something else. She sees preparation.

In 2004, that preparation took a profound turn when Archangel Michael appeared before her and asked her to write his book and join him in a healing practice.



What followed would shape the work she has devoted more than two decades to today.

That experience ultimately led to *Wisdom of the Guardian: Treasures from Archangel Michael to Change Your Life* and opened a door into a path Dr. Joy says felt less like becoming someone new and more like remembering something that had already been within her.

She had been channeling for a decade when she was asked to receive and publish the book. When she asked how many chapters there would be, the answer was 22. The process unfolded over 23 days, with a chapter written each day, along with the introduction.

The book itself was not necessarily the hardest part.

Telling people that she could speak to angels was.

Dr. Joy describes having to work through what she experienced as lifetimes of persecution connected to her spiritual gifts before she could move forward with publishing the book. Trust, she learned, was not about having every answer or convincing everyone around her. It was about paying attention to the guidance, remaining discerning, and observing what happened when she followed it.

Her earlier life experiences would become surprisingly important to that work.

Her legal background gave her an understanding of the terminology, procedures, and practical realities surrounding legal matters. When clients came to her with concerns involving real estate, litigation, criminal matters, contracts, or other legal issues, she could understand the circumstances while also addressing what she perceived as the spiritual and energetic influences surrounding them.

Hollywood taught her something different. Having worked within the entertainment industry, she understood its culture, relationships, pressures, and many moving parts. Her public relations experience taught her how messages are shaped and how easily perception can become mistaken for truth.

What once looked like a winding career path began to reveal itself as a collection of tools.

Dr. Joy no longer sees those earlier chapters as detours. Each gave her knowledge and experience that would later become relevant to her spiritual work. Her years in the legal field gave her an understanding of legal systems, processes, language, and the complexities surrounding legal matters, which later helped her recognize what needed to be addressed and cleared when working with clients facing legal issues. Likewise, her years in Hollywood gave her firsthand knowledge of the entertainment industry, its structures, pressures, relationships, and behind-the-scenes dynamics. That experience became particularly valuable when her spiritual work expanded to addressing issues within the entertainment industry itself. Along the way, both careers also strengthened the communication skills and discernment that would help her work with people across many professions, industries, and circumstances.

At the center of that work is a question many people have quietly asked themselves: *Why am I still dealing with this?*

Dr. Joy believes that understanding a problem intellectually does not always mean the underlying pattern has been released. Someone can understand their childhood, recognize a relationship pattern, identify a fear, and genuinely want to change, yet still find themselves repeating the same experiences.

In her work, she looks beyond the surface to what she describes as deeper influences, including ancestral patterns, subconscious beliefs, unresolved past-life experiences, karma, vows, soul contracts, spiritual influences, and other energetic imprints.

For Dr. Joy, true release begins at the root.

Sometimes that does not mean a circumstance disappears overnight. Instead, something inside the person changes. The fear becomes quieter. The emotional charge begins to lift. A pattern that once felt inevitable no longer has the same power. Suddenly, a new choice becomes possible.

That is what spiritual healing means to Dr. Joy: freedom.

And freedom is also at the heart of her understanding of spiritual sovereignty.

She believes a person's relationship with God and truth is deeply personal. Teachers can guide. Healers can support. Spiritual traditions can offer wisdom. But none should replace a person's own discernment.

For someone beginning that journey, reclaiming inner authority can start simply. Listen inwardly. Question teachings that create fear or dependency. Become willing to examine beliefs inherited from family, culture, religion, or spiritual communities. Learn to recognize what feels true without automatically surrendering that decision to someone else.

Spiritual sovereignty, Dr. Joy emphasizes, does not mean doing everything alone. It means accepting support without giving away responsibility for one's own spiritual life.

After more than two decades of this work, her vision for her legacy is remarkably clear.

She wants to leave behind more freedom, more truth, and a deeper relationship with God.

She hopes her work helps people become less afraid of spirituality and navigate awakening with greater clarity, discernment, sovereignty, and joy. She wants people to remember that God is accessible, that they matter, that they have purpose, and that they do not need to surrender their spiritual authority in order to grow.

And perhaps most importantly, she wants people to understand that healing is not meant to keep them looking backward forever.

Once enough of what has limited us has been cleared, there is room to create something new.

For Dr. Joy, that is where the idea of a New Earth becomes meaningful. It is not simply something to wait for. It is something people participate in by becoming more loving, truthful, responsible, discerning, and aligned with what they are here to contribute.

That may ultimately be the heart of her life's work.

Not telling people who they are, but helping them clear away what has made them forget.

Not asking them to give away their power, but encouraging them to reclaim it.

And not simply helping them understand their past, but creating enough freedom to step forward into what comes next.

If someone encounters Dr. Joy S. Pedersen's work years from now, she hopes they walk away feeling more hopeful about who they are and what is possible. She hopes they trust God more deeply, recognize their own divine connection, and feel freer to live with purpose and joy.

If something she wrote, taught, or helped clear continues to make that possible long after she is gone, she believes that would be a legacy worth leaving.



Connect With Dr. Joy

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REMEMBER YOUR POWER

Dr. Joy S. Pedersen's journey from law and Hollywood to spiritual healing and channeling reflects a lifelong path of discovering, questioning, and remembering. Through her work, she encourages people to look beyond surface patterns, release what no longer serves them, and reconnect with their own spiritual authority. Her message is ultimately about freedom—not giving power away, but reclaiming it through discernment, healing, purpose, and a deeper relationship with God. For those seeking greater clarity and connection, Dr. Joy offers a powerful reminder: sometimes healing is not about becoming someone new, but remembering who you were meant to be.

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