Dr. Joy S. Pedersen

SPIRITUAL HEALER | COACH | AUTHOR | CHANNEL

Helping People Clear the Hidden Roots of Repeating Patterns



Dr. Joy S. Pedersen helps spiritually aware people clear the hidden roots of repeating patterns, restore their connection to God and their true selves, and move forward with greater clarity, sovereignty, purpose, and joy.

JoyofSpirituality.com

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CONNECT WITH DR. JOY

Media contact: claire@expresssuccess.net

About Dr. Joy S. Pedersen

A Life Dedicated to Healing, Clarity, and Spiritual Growth

Dr. Joy S. Pedersen is a spiritual healer, coach, author, channel, and founder of Joy of Spirituality™ and Express Success LLC.

For more than two decades, she has helped individuals and businesses uncover and clear the spiritual causes that may be influencing present-day challenges, repeating patterns, relationships, purpose, money, well-being, and the ability to move forward.

Her work is rooted in the belief that lasting transformation often requires more than understanding a pattern intellectually. By addressing its deeper spiritual origin, people can release what no longer belongs, restore trust in themselves, and reconnect with God and the truth of who they are.

Dr. Joy's professional path began as a paralegal before spending ten years in television publicity in Hollywood. In 2004, her life changed when Archangel Michael asked her to join him in a healing practice and channel "Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life".

That experience became the foundation for her work, which now includes private sessions, spiritual coaching, books, courses, group programs, and guidance for awakening through ascension.

Today, Dr. Joy serves an international clientele through phone and Zoom sessions and is known for bringing warmth, directness, spiritual depth, and practical clarity to subjects that can otherwise feel confusing or overwhelming. Through her teachings, books, and programs, she helps people reconnect with God, trust their own spiritual guidance, and move forward with greater sovereignty, purpose, and joy.

What Sets Dr. Joy Apart

Hidden Root Cause Approach

Helps uncover and clear the spiritual causes that may be influencing present-day challenges, repeating patterns, relationships, purpose, money, and well-being.

Reconnecting with God

Supports people in restoring their connection with God, trusting their own spiritual guidance, and reconnecting with the truth of who they are.

Awakening Through Ascension

Provides guidance for navigating spiritual awakening and ascension with greater clarity, confidence, and purpose.

Warm, Practical Guidance

Known for bringing warmth, directness, spiritual depth, and practical clarity to subjects that can otherwise feel confusing or overwhelming.

AT A GLANCE

- **Founder:** Joy of Spirituality™ and Express Success LLC
- **Practice:** Since 2004
- **Clients:** Individuals & Businesses
- **Books:** *Wisdom of the Guardian, Clear Your Past and Change Your Future,* and coming soon *Joy of Spirituality*
- **Interview Themes:** Spiritual healing, awakening, ascension, discernment, sovereignty, purpose, and reconnecting with God.

Podcast & Media Guide

Everything a host needs to introduce Dr. Joy and guide a meaningful conversation.

Suggested Host Introduction

Pronounced: Pee-DER-sen

My guest today is Dr. Joy S. Pedersen, a spiritual healer, coach, author, and channel who has worked with clients around the world since 2004. Through Joy of Spirituality™, her books, private sessions, and teachings, she helps spiritually aware people clear the hidden roots of repeating patterns, reconnect with God and their true selves, and move forward with greater clarity, sovereignty, purpose, and joy. Please welcome Dr. Joy S. Pedersen.

FEATURED CONVERSATION TOPICS

Spiritual Healing at the Root Level
- Discover why repeating patterns persist and how to create lasting change.

Awakening Versus Ascension
- Understand the difference between awakening and ascension

Rebuilding Trust in Your Intuition
- How fear, conditioning, and spiritual interference can affect discernment.

Spiritual Sovereignty
- Reclaim personal authority through spiritual sovereignty.

Past Lives, Karma & Soul Contracts
- Explore how spiritual history shapes your present.

The Joy of Spirituality
- Rediscover the joy of spiritual growth.

SAMPLE INTERVIEW QUESTIONS

1. What led you into spiritual healing?
2. What do you mean by spiritual healing?
3. Why do repeating patterns continue?
4. How can people strengthen their discernment?
5. What is spiritual sovereignty?
6. What is the difference between awakening and ascension?
7. How might karma or soul contracts influence us today?
8. What would you most like listeners to understand about who they really are?

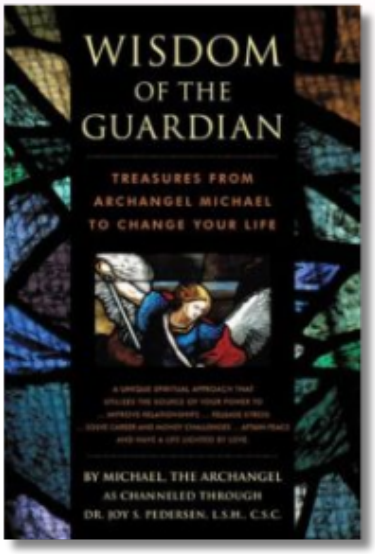
PRODUCER NOTE

Dr. Joy is comfortable with a conversational interview and can adapt the discussion to the host's audience, episode theme, and available time.

Books & Impact

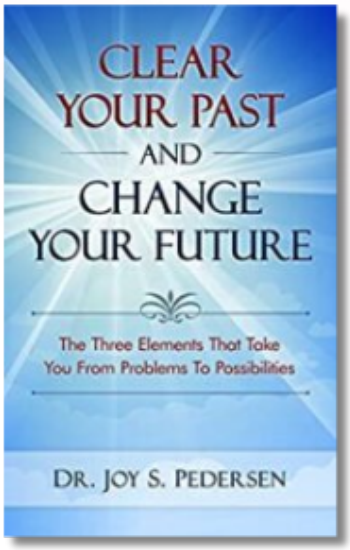
Everything you need to continue the conversation.

FEATURED BOOKS



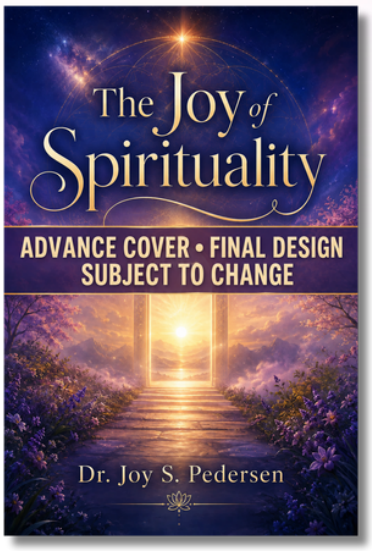
Wisdom of the Guardian

Messages from Archangel Michael for healing and growth.



Clear Your Past and Change Your Future

Transform recurring challenges into new possibilities.



The Joy of Spirituality

A guide to help you move from awakening to ascension with greater clarity, sovereignty, discernment, and joy, coming soon.

Credentials & Media Resources

SELECTED CREDENTIALS

- Doctor of Divinity
- Licensed Spiritual Healer
- Certified Spiritual Health Coach
- Certified Law of Attraction Practitioner
- Ordained Minister
- Founder, Express Success LLC
- Founder, Joy of Spirituality™
- Spiritual Healing Practice since 2004

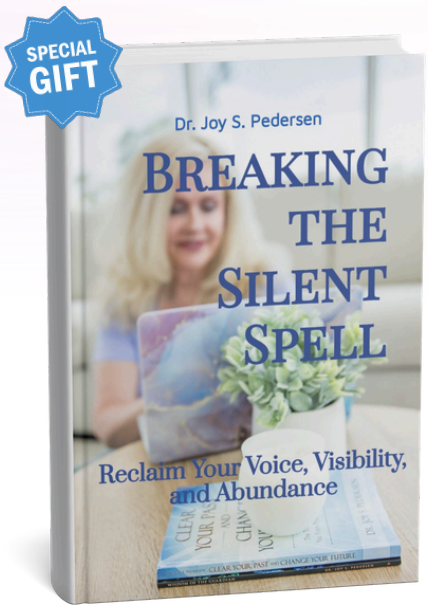
MEDIA ASSET FOLDER

- High-resolution vertical headshot
- Horizontal or landscape portrait
- Square profile image
- Joy of Spirituality transparent logo
- Joy Pedersen professional logo
- Book cover images
- Short and extended biographies in editable format
- This press kit in PDF format

Media folder:
https://tinyurl.com/Dr- Joy Media-Assets

Enhance the Healing Journey

Complimentary e-books to support the next step.



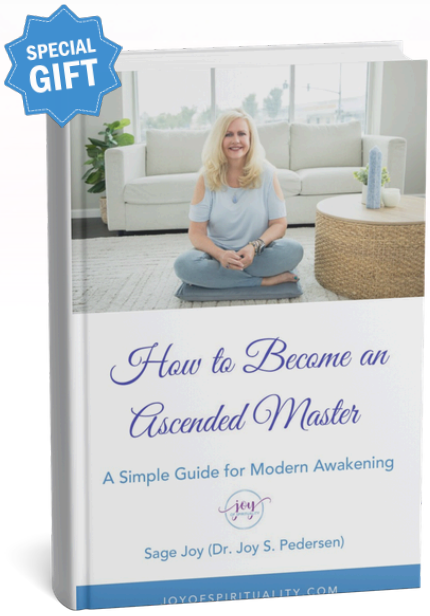
breaksilentspell.com

Breaking the Silent Spell

A beginner's guide to releasing hidden energetic patterns that may be limiting your confidence, visibility, and abundance. This complimentary guide introduces practical steps to help you reclaim your authentic voice.

Inside You'll Discover

- Ancient vows that may be limiting your success
- Hidden roots of fear and self-censorship
- How to reclaim your authentic voice
- Ways to align with greater confidence and abundance
- Practical steps toward authentic self-expression.



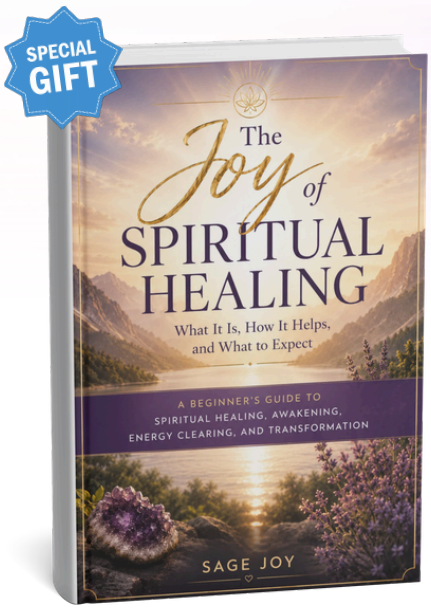
joyofascension.com

How to Become an Ascended Master

A beginner's guide to spiritual awakening, ascension, and living in alignment with your higher self. This complimentary guide introduces the foundational principles of the ascension journey.

Inside You'll Discover

- What an ascended master truly is
- The stages of spiritual awakening and ascension
- Daily practices to raise your vibration
- Common blocks that may slow your spiritual growth
- Simple steps to align with your divine purpose.



joyofspiritualhealing.com

The Joy of Spiritual Healing

A Beginner's Guide to Spiritual Healing, Awakening, Energy Clearing, and Transformation ; Whether you're seeking greater clarity, healing, or spiritual growth, this complimentary guide introduces the foundational principles of Dr. Joy S. Pedersen's approach to spiritual healing.

Inside You'll Discover

- What spiritual healing really is
- Signs you may benefit from healing
- How past experiences and ancestral patterns may influence your life
- What to expect during and after a healing session

Thank you for considering me. I look forward to serving your audience with insight, compassion, and practical spiritual guidance.

Media & Recognition

Where Dr. Joy S. Pedersen's work has been shared, recognized, and experienced.

Media Presence

PODCAST GUEST
Featured on podcasts around the world on topics of healing, spirituality, and personal growth.

MEDIA APPEARANCES
Seen and heard on television and radio sharing messages of hope, healing, and transformation.

SPEAKER & EDUCATOR
International speaker and teacher inspiring audiences to awaken their true selves and live with purpose.

CLIENT IMPACT
Has guided thousands of clients worldwide to clarity, healing, and a deeper connection with God.

AWARDS & RECOGNITION

BUSINESS SPIRITUAL HEALING SPECIALIST OF THE YEAR 2023 (USA)
Corporate Vision Global Business Awards — December 2023

WOMAN OF OUTSTANDING LEADERSHIP
International Women's Leadership Association — June 2014

BEST BUSINESSES AWARD FOR COUNSELING & MENTAL HEALTH 2014

EXECUTIVE OF THE YEAR
Who's Who Worldwide — January 2013

NEW JERSEY EXCELLENCE AWARD
U.S. Trade & Commerce Institute — 2013

10 MOST ACCLAIMED WOMEN IN BUSINESS, 2026

AS SEEN ON...

INFLUENTIAL WOMEN IW VERIFIED
CANVASREBEL
THE CW
SHE RISES STUDIOS
NBC
Consumer News TV
VoyageTampa
FOX BUSINESS
abc 7
StarTribune
DIGITAL JOURNAL
blogtalkradio
CBS
yahoo! finance
StreetInsider.com
inspire ME TODAY®
LEGACY WOMAN
Medium
natural awakenings
SOCIOLOGY GROUP